

Shaina Cox, MA in Rehabilitation and Mental Health Counseling, CRC



VR Consultant with Vocational Rehabilitation

We are professional, respectful, confident in our approaches, work together as team, learn how to adapt to change, learn how to overcome obstacles and challenges, learn how to work under pressure, but most importantly, learn to let go of the negative, the past, and moving forward with things that matter, things with a purpose. Being a Certified Rehabilitation Counselor allows me to help an individual (student or adult) with a disability understand their goals, see their strengths, learn about what they are capable of mastering by experiences, and see their biggest potential. For me, I feel satisfied watching the individual at the beginning of their journey walk into the office with their head down and nervous about what the future holds, and walking out the door upon the completion of their pre-ETS training, placement, on-the-job trainings, and/or post-secondary education and seeing the accomplishment of success on their face. That is when you feel as though your job matters and you made a difference. No matter how small it may seem to you, it is the world to most of our clients. Giving back to the community and to those with disabilities is the greatest gift of all.