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I for one have always felt that rehabilitation counseling was a specialization of counseling. More than that, I feel rehabilitation counseling encompasses all the primary elements of the other counseling specializations. One focus that sets us apart is recognizing and emphasizing the value of work as a therapeutic intervention. Rehabilitation counselors work with transition youth and youth with disabilities in school settings on career exploration and skill development, and this requires knowledge of school systems and adjustment to the post high school world and systems. Mental health is the fastest growing disability group in the United States and accounts for more lost work time than any other disability. As such, rehabilitation counselors work with individuals who have mental health and co-occurring disorders in a variety of settings and focus on adjustment and accommodation in work and other settings. Rehabilitation counselors also work with people who have physical limitations and chronic illness with environmental adaptations and accommodations in work, home, and educational settings.