

# CRC Exam Sample Questions

In addition to the CRC Interactive Practice Test, the following sample exam questions and reading list, along with a review of the test content outlined in Section 11, should be of assistance as you prepare to take the exam.

**1. The obligation for rehabilitation counselors to teach advocacy skills to their clients stems from the belief that:**

- a. clients have the right to self-determination of choice.
- b. clients require intervention by counselors to achieve full inclusion in society.
- c. counselors have the specific training needed for advocacy efforts to be successful.
- d. counselors have the best understanding of client needs and what is required to meet those needs.

**2. Cognitive-Dissonance Theory is based on the:**

- a. assumption that when an individual has contradictory thoughts or ideas within an established behavior pattern, discord occurs.
- b. individual's attraction to a particular role demand of an occupation that meets his/her needs and provides him/her with satisfaction.
- c. assumption that individuals choose occupations that are person-oriented or non-personoriented.
- d. assumption the need structure of the individual is greatly influenced by early childhood frustrations and satisfactions.

**3. The group counseling theory based on the holistic view of the individual is:**

- a. behavioral.
- b. psychoanalytic.
- c. Adlerian.
- d. Freudian.

**4. A judge subpoenas a rehabilitation counselor to provide a copy of a client's psychological evaluation that was performed by an independent psychologist. The rehabilitation counselor should:**

- a. submit the report only with the client's consent.
- b. submit the report even if the client refuses consent.
- c. refuse to submit the report under any circumstances.
- d. direct the court to obtain the report directly from the psychologist.

**5. When developing a rehabilitation plan for a client who has recently been diagnosed with multiple sclerosis, the rehabilitation counselor should consider that:**

- a. muscles will progressively atrophy without evidence of neural degeneration.
- b. symptoms can abate and recur with increasing frequency and severity for many years.
- c. physical symptoms are debilitating, while mental and emotional states remain stable.
- d. with the proper orthopedic devices, a client will be able to overcome most problems associated with the disability.

**6. The assessment techniques commonly used to evaluate adults with specific learning disabilities fall into these three categories:**

- a. medical tests, psychological tests, and work evaluations.
- b. neurological tests, adaptive behavior scales, and personality tests.
- c. blood tests, Wechsler Adult Intelligence Scale (WAIS-IV) scores, and functional assessment tests.
- d. informal tests and observational measures, standardized psychological tests, and neuropsychological test batteries.

**7. Krumboltz's theory suggests the four factors that influence career decisions are genetic endowment, environmental conditions, learning experiences, and:**

- a. task approach skills.
- b. personal financial assets.
- c. physical appearance.
- d. physical environment.

**8. An important service rehabilitation counselors can provide to employers is:**

- a. actuarial assessment.
- b. compensation insurance brokering.
- c. employee performance evaluation.
- d. post-placement follow-up.

**9. Which program allows individuals to work with Social Security to set aside income and/or resources for a specified period of time to pursue a work goal?**

- a. Trial Work Period (TWP).
- b. Impairment-Related Work Expenses (IRWE).
- c. Plan to Achieve Self-Support (PASS).
- d. Ticket to Work (TTW).

**10. In the state/federal rehabilitation program, the development of the Individualized Plan for Employment (IPE) is guided primarily by:**

- a. agency regulations.
- b. the client's objectives.
- c. labor market surveys.
- d. local employment opportunities.

**11. In the private sector, workers' compensation is regulated by:**

- a. the federal government.
- b. a regional board of directors.
- c. each state.
- d. the insurance commission.

**12. The method by which the impact of rehabilitation services can be assessed is a:**

- a. key assessment.
- b. vocational evaluation.
- c. comprehensive needs assessment.
- d. program evaluation.

**The correct responses are:**

1 - A

2 - A

3 - C

4 - D

5 - B

6 - D

7 - A

8 - D

9 - C

10 - B

11 - C

12 - D